

# Community Nursing Clinics

Home and Community Care Support Services operates over 135 community nursing clinics to provide free, high-quality, specialized nursing care.

All of our clinics are by appointment only, in accessible locations, and many have extended operating hours.

Community nursing clinics provide publicly-funded, patient-centred, high-quality, specialized nursing care.

Clinic nurses will jointly design a care plan and schedule based on your needs and health goals. They provide specialized services – including wound care, intravenous therapy, catheter, diabetes, ostomy care – and health teaching to meet your needs.



## Patient Benefits:

1. **Safe** – Our clinics adhere to strict infection prevention and controls.
2. **Expert** – Our clinic nurses have specialized training in clinical care.
3. **Accessible** – With over 135 clinics in highly accessible locations, often close to public transit and accessible parking, you can choose the clinic location closest to your home or workplace.
4. **Fast** – Same day appointments are available, when urgently needed.
5. **Flexible** – You can work with our team to schedule nursing care at times and clinic locations that fit your schedule – some locations offer evening and weekend appointments.
6. **Seamless** – With your consent, clinic nurses and care coordinators can update your doctor/primary care provider.
7. **Wellness** – Clinic nurses provide care, education and self-management coaching to support your road to wellness, recovery and independence.
8. **Efficient** – Our clinics optimize valuable nursing resources, allowing us to take care of more patients with efficient use of health care resources.

## Clinic Appointments:

- Our community nursing clinics are by appointment only.
- Only Home and Community Care Support Services patients can receive services at these specialized clinics.
- Services are covered by OHIP. Patients must bring identification and OHIP card to every appointment. It is important to attend all scheduled appointments to meet your care needs.
- A phone service is available to cancel or reschedule appointments (24-hour notice required).

## Other Care Options:

- Our team can help connect patients with transportation services, when needed.
- For patients who are unable to attend a community nursing clinic or require alternate services, care in alternate settings can be arranged.

**To learn more about our services, call 310-2222.**

If you are already a Home and Community Care Support Services patient, please speak with your Care Coordinator.

## Home and Community Care Support Services Central East Community Nursing Clinics Locations

475 Bond St. W.  
Unit 2  
**Oshawa**, ON L1J 2M2  
1-800-819-7301

11 Harwood Ave. S.  
Cornerstone Plaza  
**Ajax**, ON L1S 2B9  
905-430-6997 ext. 146737

2930 Eglinton Ave. E.  
Torrance Plaza  
**Scarborough**, ON M1J 2E4  
416-439-7216

385 Silver Star Blvd.  
Unit 101A  
**Scarborough**, ON M1V 0E3  
416-292-0989

370 Kent St. W.  
Unit 9  
Whitney Town Centre  
**Lindsay**, ON K9V 6G8  
1-800-463-3965

160 Peter St.  
Unit 16  
**Port Hope**, ON L1A 1C6  
1-855-285-2992

1135 Lansdowne St. W.  
Unit 16  
Parkway Mall  
**Peterborough**, ON K9J 7M2  
705-876-6172 After 8:30 p.m. call  
VON: 1-855-285-2992

1005 Elgin St. Suite 306  
**Cobourg**, ON K9A 5J4  
1-800-668-4773

**More locations available** – we operate over 135 community nursing clinics in local communities throughout Ontario.

*“With this approach to care, I felt less like a ‘patient.’ I got out of my house every day and got stronger because I was more active as I healed.” – Lori R., Home and Community Care Support Services clinic patient*



Home and Community Care Support Services  
310-2222 (no area code required) | [healthcareathome.ca](https://healthcareathome.ca)

Our Community of Advisors supported the development of this document.